

Moving Forward Triage - Pt. 5

Sermon-Based Questions

1. Have you ever suffered the same injury over and over again? Share with the group. How does knowing what the healing process looks like make healing easier?
 2. Read Ephesians 4:11-13. What are some of the words and phrases Paul uses to describe spiritual maturity in this passage? How do they help us to understand what spiritual health looks like?
 3. Reflect for a minute on what two or three of your most significant catalysts for spiritual growth have been. Share with the group. Do they fall under one of the five catalysts from the sermon?
 4. Read 2 Corinthians 1:3-5. How does Paul indicate that our suffering may be helpful to others?
 5. Is there a next step of trust that's right for you to take now? If so, share with the group.
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HEALING is easier when you understand the process.

QUESTION: Once you've stabilized yourself after a spiritual emergency, how do you keep moving forward?

Matthew 28:18-20 *Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. **19** Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, **20** and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."*

Full **DEVOTION** is...

1. **AUTHORITY:** I delight in submitting to what God says and not what 'I' say.
2. **IDENTITY:** I delight in defining myself by what Jesus has done for me, not in what I do.
3. **ACTIVITY:** I delight in doing for others what Jesus has done for me.

Moving Forward involves **TRUSTING JESUS** as your authority who defines your identity and directs your activity.

Ephesians 4:11-15 *So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, **12 to equip** his people for works of service, so that the body of Christ may be built up **13** until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ. **14** Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. **15** Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.*

We want to equip people in the areas of...

1. **HEAD:** Biblical and theological maturity.

2. **HEART**: Emotional and relational maturity.
3. **HANDS**: Role maturity.

If you want to grow **SPIRITUALLY**, you have to know what produces **SPIRITUAL HEALTH**.

Five Catalysts for Spiritual Growth

1. Practical Teaching
2. Providential Relationships
3. Private Disciplines
4. Personal Ministry
5. Pivotal Circumstances

2 Corinthians 1:3–5 *Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, 4 who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God. 5 For just as we share abundantly in the sufferings of Christ, so also our comfort abounds through Christ.*

SURVIVING a spiritual emergency gives you the ability to **HELP** others in their own.

You move forward by taking one **NEXT STEP** of trust at a time.



BOTTOM LINE: Jesus chose to be **WOUNDED** so that you could be **HEALED**.